



OUT OF THE FOG

The monthly newsletter of NAMI San Francisco
www.namif.org

Low Cost/Sliding Scale Programs at UC Berkeley

The Mood Clinic at UC Berkeley provides two low cost/sliding scale programs: one for adults with bipolar disorder, and another for their relatives and loved ones. Our aim in both groups is to provide information, as well as tools to enhance coping with the disorder. Both programs are led by doctoral students in clinical psychology who are supervised by Ph.D.level psychologists. Additional information about either program can be learned by calling the Psychology Clinic at: 510-642-2055.

PLAN of California

Two master Special Needs Trust Plans are offered to families in California. The plans would designate a minimum of \$150,000 or \$300,000 to contract with PLAN to give oversight of both fiduciary and personal support services without endangering public entitlements.

Contact Baron Miller (415) 522-0500 or
PLAN of California (888) 574-1258