

May 2010



OUT OF THE FOG

The monthly newsletter of NAMI San Francisco
www.namif.org

Check out UK information!

Caroline Fitzgerald was one of our wonderful leaders in the In Our Own Voice program, and she left us for a position in London, England. We miss her, but she sent us this note: I came across this website from a MH Charity in London while researching the MH Legislation for my new job in the UK and found it to have well written consumer friendly info on many topics.

Here is the link: http://www.mind.org.uk/help/information_and_advice. Thanks Caroline!