Find A Walk:
Go to namiwalks.org and click the FIND A WALK button. Sort by State/Province then click on the event you wish to join.

Step 1:
Click the REGISTER button.

Step 2:

Option A:
If you are a returning participant, click the Login To Your Account link.

Been here before?
Login to your account to prefill the fields below with your information.

Type in your email address* and password. If you forget your password, click the Forgot Password link and set a new one. Then click the Login button.
Option B:
If you are a new participant, add your name and email address and create a password. Note: Your email address will be your username. Then click the **Continue to Next Step** button.

**Name**

![Name fields](Image)

**Email Address**

![Email field](Image)

[Privacy]

**Create Password**

![Password field](Image)

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**Step 3:**
Choose your participant type. You may select **Team Captain, Team Member, Individual Participant or Virtual Participant**.

**Step 4:**
Follow the prompts for the registration type you choose. For example, if you choose Team Captain, click **Create a Team** and select which Team Type best fits your team (Community Team, Family & Friends Team, In Memory/In Honor or Team, National Corporate Team or School Team).

**Step 5:**
Now provide your registration details, including your fundraising goal (aim for at least $100 to receive a NAMIWalks T-shirt), an opportunity to self-donate, and a few optional questions. If you are a new participant, this screen is also where you will provide your address and phone number.

![Registration Details](Image)
Step 6:
If you agree to the Terms and Conditions, check the box and click the Continue To Confirmation button.

Step 7:
Review your registration details and click the blue Complete Registration button. Congratulations, you are registered. Check your email for confirmation.

*If you are a returning participant and cannot remember the email address you used to register in the past (Step 2A)—or if you have any questions—reach out to your Local Walk Manager, found on your local walk website.